



For Immediate Release

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The Open Mind Center is now offering Yoga for Charity

ROSWELL, GA (Fridays from 10:00-11:00am) – The Open Mind Center, a premier holistic wellness center located at 1575 Old Alabama Road, Suite 213, Roswell, Georgia, announces **Yoga for Charity (Peace Across the Planet) on Fridays from 10:00-11:00am**. Please join us for Yoga for Charity. All proceeds will go towards Peace Across the Planet, a mission founded by non-profit Elementals of Life which was created to spread peace throughout the world. As part of this mission, Elementals of Life has gathered some of the largest Shiva Linghams (naturally shaped temple stones) like those at The Open Mind Center and placed them around the world. This rejuvenating hour of yoga will balance the mind, body, and spirit. All levels are welcome as yoga is for everyone! Come meet yourself on the mat while helping a good cause! **Pre-register online at www.theopenmindcenter.com or by calling The Open Mind Center at 678-243-5074. Cost: Donation Offering.**







About the Open Mind Center

The Open Mind Center is dedicated to creating and inspiring a sense of hope, health and community for its customers. It offers instructive programs, holistic health and wellness services, and products intended to heal the body, nourish the soul and awaken the spirit. The spacious 6,800 square foot facility contains classrooms, a wellness spa, meditation room, retail space and tea bar. The Center has been featured on CBS, Better Mornings Atlanta and in Jezebel Magazine, as well as other publications.