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Summer Art Programs for Children and Adults at The Open Mind Center

ROSWELL, GA (May 26, 2010) – The Open Mind Center, a holistic center in Roswell, Georgia offers many services to help people develop their inner self, including offering summer arts programs for children and adults. Don't let the summer pass without exploring your inner artist or helping your child explore their creative side. We are offering **Say It with Art** for children or **Paint what You Feel** for adults.

In **Say It with Art** children will learn that art has a specific purpose. It is a communication tool for those wanting to use visual language to Say it with Art. Children love to discover new ways to communicate their **AMAZING** ideas. Contemporary art gives them a wonderful platform to explore new ways of expression. Encourage the creative thinker within your child by giving them the gift of art expression. By the end of this introductory course you can expect your child will begin to develop confidence in using a variety of art tools. Each week your child will study a different artist and learn how to read information within the artist's work.

This class is different from other children's art classes in the area because students will not be producing arts and crafts projects instead this class will be educational and creative, broadening the minds of the children while helping them to find their inner artist. The course of study will feature a different artist and style each week. It will be dynamic, not just a black + white= grey course of study. We will take your children on an artistic adventure that will finish with a presentation of the work produced in class.

Pain what You Feel: Bring your hidden expressionist to class (age 16 – adult) ask if you have ever wanted to try and put your ideas and emotions into a painting or artwork but not quite sure how to get started? By the end of this 6-week introductory course you can expect to have a broader understanding of contemporary art and how you can use it to express your ideas. You

will grow in confidence with your art practice and learn some key concepts in understanding and appreciating contemporary art. This will be an exciting course with lots of opportunity to move way outside the box and get your MOJO into action.

About The Open Mind Center- The Open Mind Center is dedicated to creating and inspiring a sense of hope, health and community for its customers. We were recently featured on CBS, Better Mornings Atlanta as a place where people can find many ways to alleviate stress during these tough times as well as a feature article in Jezebel Magazine. We offer instructive programs, holistic health and wellness services, and products intended to heal the body, nourish the soul and awaken the spirit. The spacious 6,800 square foot facility contains classrooms, a retail space and tea bar. For more information about The Open Mind Center call us at (678) 243-5074, or visit www.theopenmindcenter.com.