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**For Immediate Release**

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## **The Open Mind Center Adds New Circle of Light Discussion Group to Class Offerings, Starting Nov. 16**

**ROSWELL, GA** (October 29, 2010) – The Open Mind Center, a premier holistic center in Roswell, Georgia, announces the addition of the **Circle of Light Discussion Group** to its class offerings, starting **Tuesday, November 16, 7-8:30 p.m.**

Led by spiritual living coach and strategic change consultant Jennifer McKenna, the **Circle of Light Discussion Group** is specially designed for individuals that actively seek a spiritually-based support system to help realize their personal and professional intentions, particularly during this new economy. McKenna facilitates the discussion and provides tools and insights to help participants engage, share ideas, and identify and overcome barriers to achieve their goals.

The kick-off topic is **“Get What You Want: Mastering the Art of Setting Intentions.”**

The Circle of Light Discussion Group meets once a month. **Each session costs \$30** and includes McKenna’s proprietary Circle of Light materials and tools for both in-classroom and at-home use. To register, call (678) 243-5074 or visit [www.theopenmindcenter.com](http://www.theopenmindcenter.com).

Created in 2007 by McKenna and Atlanta entrepreneur Chadwick Boyd, the Circle of Light has cultivated a thriving community of screenwriters, artists, entrepreneurs, dancers, health practitioners and ministers who have successfully manifested their dreams and attracted local and national attention.

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### About the Open Mind Center

The Open Mind Center is dedicated to creating and inspiring a sense of hope, health and community for its customers. It offers instructive programs, holistic health and wellness services, and products intended to heal the body, nourish the soul and awaken the spirit. The spacious 6,800 square foot facility contains classrooms, a wellness spa, meditation room, retail space and tea bar. The Center has been featured on CBS, Better Mornings Atlanta and in Jezebel Magazine.

### About Jennifer McKenna

Jennifer McKenna is a powerful change agent that transforms ideas into reality. She is adept at extracting the Big Idea and breaking it down into measurable milestones for practical application. Having moved through her own personal challenges, Jennifer blends her private experience with her background in program and strategy development to facilitate the process of cultural change in pursuit of growth.

Jennifer's specialty is identifying and changing patterns that can inhibit the process of seamless transformation, for both individuals and organizations. Throughout her career, Jennifer has brought differing communities together to realize a common vision. Jennifer's pioneering and re-engineering efforts have effectively launched initiatives and intentions that had previously plateaued or failed. Over the course of her 20-year career, she has successfully transformed perspectives to achieve desired outcomes for individuals as well as non-profit, corporate and government entities.

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